

Name of the inventory	The World Health Organization Quality of Life – BREF (WHOQOL - BREF)	
Purpose:	The aim was to develop an international cross-culturally comparable quality of life assessment instrument. It assesses the individual's perceptions in the context of their culture and value systems, and their personal goals, standards and concerns.	
Developers/ citation	World Health Organization (2004). WHO Quality of Life - BREF [Online] Available from: https://www.who.int/tools/whogol/whogol-bref [Accessed: 9 th November 2022]	
Year	1991	
Targeted user	Adult	
Description	No. of questions	26
	Scale	5 point scale
	Data collection format	Self report (recall your life in the last four weeks)
	Scoring key	Measure the following 4 broad domains: physical health, psychological health, social relationships, and environment. The scoring table shown on the PDF file.
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