

Name of the inventory		The Career Counseling Self-Efficacy Scale
Purpose:		Used to promote confidence and happiness at work by identifying areas in which adults lack confidence and then developing interventions to increase confidence in the career development process.
Developers/ citation		O'Brien, K.M., Heppner, M. J., Flores, L.Y., Bikos, L.H. (1997). The Career Counselling Self-Efficacy scale: Instrument development and training applications. <i>Journal of Counseling Psychology</i> ,44, 20-31.
Year		1997
Targeted user		Career and school counselors
Description	No. of questions	25
	Scale	5 point scale: 0 = Not confident "0" 1 2 = Moderately confident 3 4 = Highly confident
	Data collection format	Self report
	Scoring key	1. To assess counselors' level of confidence in providing vocational interventions to people who struggle with career concerns. 2. When training career counselors to identify areas of strength and possible limitation, which may then inform interventions to improve conseling skills and effectiveness.
Permission to use		This scale can be used for research or clinical purposes without contacting the authors.
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