

Name of the inventory	Katz Index of Independence in Activities of Daily Living (ADL)	
Purpose:	It is the most appropriate instrument to assess functional status as a measurement of the client's ability to perform activities of daily living independently. It is one of the best ways to evaluate the health status of older adults by providing objective data to indicate future decline or improvement in health status	
Developers/ citation	Katz, S., Down, T.D., Cash, H.R., & Grotz, R.C	
Year	1970	
Targeted user	Older adults	
Description	No. of questions	6 indicators
	Scale	Yes or No scale
	Data collection format	Clinician-administered
	Result interpretation	Clients are scored yes/no for independence in each of the six functions. A score of 6 points indicates full function, 4 points indicates moderate impairment, and 2 or less indicates severe functional impairment.
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