

Name of the inventory		Career Decision Self-Efficacy Scale-Short Form
Purpose:		Used to promote confidence and happiness at work by identifying areas in which adults lack confidence and then developing interventions to increase confidence in the career development process.
Developers/ citation		Taylor,K.M.,& Betz, N.E. Applications of self-efficacy theory to the understanding and treatment of career indecision. <i>Journal of Vocational Behavior</i> , 22, 63 - 81.
Year		1983
Targeted user		General adult and college students
Description	No. of questions	25
	Scale	10-level confidence continuum or 5-point continuum: 1 = No confidence at all 2 = Very little confidence 3 = Moderate confidence 4 = Much confidence 5 = Complete confidence
	Data collection format	Self report
	Scoring key	Ranging from no confidence at all (1) to complete confidence (10/5). All items are summed to obtain the total score on CDSES-SF. Subscale scores are calculated by summing the scores on the five items for each subscale. High scores reflect strong levels of confidence in completing career-related tasks.
Remarks		/