

Name of the inventory		Bradburn Scale of Psychologic Well-being (or Affect Balance Scale)
Purpose:		To measure psychologic well-being
Developers/ citation		Bradburn N.M.(1969). <i>The structure of psychological well-being</i> . Chicago: Aldine.
Year		1969
Targeted user		General population
Description	No. of questions	10
	Scale	Yes/No questions
	Data collection format	Self report
	Scoring key	The scale is made up of two components: the positive affect and the negative affect component. Each component has 5 items. The scale asks participants if, in the past few weeks, they have felt certain emotions. The participant answers “Yes” or “No” to each question. The “No” score is subtracted from the “Yes” score to create a positive/negative affect difference score. For positive affect, participants receive 1 point for every “Yes” they say. For negative affect, participants receive 1 point for every “Yes” they say. The overall “balance” score is created by subtracting the negative affect score from the positive affect score.
Permission to use		No need given that appropriate recognition of the source of the scale in the study
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Remarks		/