

Name of the inventory		Inventory of Adolescent Resilience (IAR)
Purpose:		It is an inventory measuring adolescents' level of resilience developed in Taiwan. Four areas are being measured, and they are: - Problem solving and cognitive maturity - Hope and optimism - Empathy and interpersonal interaction - Emotional regulation
Developers/ citation		CHAN Yu-chen, YEH Yu-chu, PENG, Yueh-yin, YEH Bi-ling [詹雨臻, 葉玉珠, 彭月茵, 葉碧玲。(2009)。「青少年復原力量表」之發展。測驗學刊, Vol.4, No.56, pp.491-518.(TSSCI)]
Year		2008
Targeted user		Youth
Description	No. of questions	28
	Scale	4-point Likert scale
	Data collection format	Self report
	Scoring key	
Permission to use		No need given that appropriate recognition of the source of the scale in the study
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Remarks		/