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| Name of the inventory | | Bradburn Scale of Psychologic Well-being (or Affect Balance Scale) |
| Purpose: | | To measure psychologic well-being |
| Developers/ citation | | Bradburn N.M.(1969). <i>The structure of psychological well-being</i> . Chicago: Aldine. |
| Year | | 1969 |
| Targeted user | | General population |
| Description | No. of questions | 10 |
| | Scale | Yes/No questions |
| | Data collection format | Self report |
| | Scoring key | The scale is made up of two components: the positive affect and the negative affect component. Each component has 5 items. The scale asks participants if, in the past few weeks, they have felt certain emotions. The participant answers “Yes” or “No” to each question. The “No” score is subtracted from the “Yes” score to create a positive/negative affect difference score. For positive affect, participants receive 1 point for every “Yes” they say. For negative affect, participants receive 1 point for every “Yes” they say. The overall “balance” score is created by subtracting the negative affect score from the positive affect score. |
| Permission to use | | No need given that appropriate recognition of the source of the scale in the study |
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| Remarks | | / |